It’s been proven that over time we remember less and less of what we study...

After 20 mins...
In the time you watched a few videos, you’ve lost 42% of the info you studied.

After 1 hour...
You’ll forget 56% of what you studied in the time it takes to catch up with a friend.

After 6 days...
You’ll remember 25% of what you studied from weekend to weekend.

After 1 month...
Approx 70% of what you studied is forgotten.

In the time you
watched a few videos,
you’ve lost
42%
of the info you studied.

